



Lea Valley Walk

Section 3 (Tottenham Hale to Lea Bridge)

Version 1 : June 2010



Transport
for London

walk
London

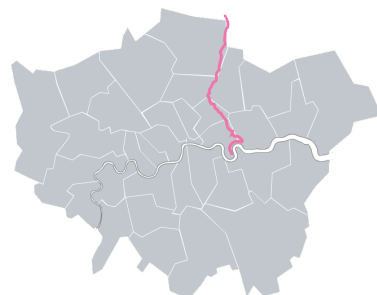
Start: A503 Ferry Lane (TQ347894)

Station: Tottenham Hale

Finish: Towpath at end of Southwold Road /
North Mill Fields (TQ354867)

Station: Clapton

Distance: 2 miles (3.2 km)



Introduction: Section 3 starts at Tottenham Hale and finishes at Lea Bridge, a distance of two miles or you can continue on Section 4 to Bromley by Bow.

The walk takes you alongside the River Lea so watch out for water birds and other wildlife, particularly around Walthamstow Marshes Nature Reserve.

There are picnic places along the way and refreshments at Springfield Park.

Places of interest along this section are the Markfield Beam Engine, Springfield Park and the Walthamstow Marshes Nature Reserve.

National rail services are available at Clapton station, just a short 5 minute walk from Lea Bridge.

Directions: From Tottenham Hale Station turn left out of the station onto Ferry Lane. Continue up the hill and straight on. Cross Mill Mead Road to the Lea Valley Walk sign. At Tottenham Lock turn right down the slope to start on the towpath of the Lee Navigation. Note that the ramp is cobbled so might not be accessible to all.

Continue south, passing under the first of two railway lines, where the Navigation joins the River Lea again. Just after passing under the second railway bridge the Walk passes the Markfield recreation ground. Enter the park to find the Markfield Beam Engine. **A**

This remarkable engine was built by Wood Brothers, of Sowerby Bridge, Yorkshire, and was commissioned on the 12th July 1888. The engine can be viewed on the second Sunday of the month, from March to November.

Return to the towpath keeping the river on the left, you pass the last great reservoir (Warwick West), and come next to Springfield Park and Marina.

Springfield Park was created in 1905 from the grounds of three 19th century houses. The climb to the top of the hill, created by deposits from the Ice Age, gives great views of London. There is a cafe in the park.

Cross over the Horse Shoe Bridge, **B** opposite the park tennis courts, into Walthamstow Marshes

Walthamstow Marshes Nature Reserve is a Site of Special Scientific Interest and home to water voles, Dotted Fanfoot moth and Webb's Wainscot moth. Although only six miles from Piccadilly Circus it's a rare remnant of ancient marshland that has never been ploughed. The walk is joined here by the Capital Ring, a 78 mile circular route within 10 miles of Big Ben.

Follow the bend in the river, crossing the Coppermill stream which flows into the River Lea here, keeping the river to the right. Continue under the railway arches in the middle of the marsh, towards the Lee Valley Ice Centre, **C** crossing back over the river by the footbridge just before the Ice Centre. This walk finishes here. Clapton station can be reached by taking the path to the right along the edge of Millfields Park (North) and walking along Southwold Street. Turn left onto Upper Clapton Road to reach the station.



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