



Lea Valley Walk

Section 6 (East India Dock to Island Gardens)

Version 1 : June 2010



Transport
for London

walk
London

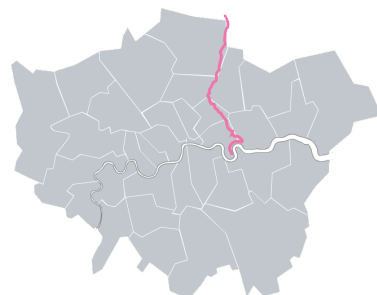
Start: East India Dock (TQ387808)

Station: East India Dock DLR Station

Finish: Island Gardens (TQ382784)

Station: Island Gardens DLR station

Distance: 2 miles (3.2 km)



Introduction: The walk takes you from the River Lea/Lea Navigation to the River Thames, so this part of the walk will have quite a different character.

The route takes in many of London's sights lining the banks of the River Thames from the Millennium Dome to the financial hub of Canary Wharf, while ending with a classic view of the World Heritage site Greenwich from Island Gardens.

Along this section of the route there are many opportunities to take in some lunch with several pubs and restaurants along the route and a cafe at Island Gardens.

Docklands Light Railway services are available at the end of the route from Island Gardens. Users can continue their journey along the Thames Path, or take the short walk under the Thames across to Greenwich.

Directions: To continue the walk from East India turn left along Blackwall Way, parallel with the busy A1261. At the junction with a small roundabout, a hotel on the right, turn left towards the terra-cotta high rise housing of New Providence Wharf to continue on Blackwall Way. At the end turn right into Yabsley Street and left onto Preston's Road.

Continue walking up Preston's Road for a short while, passing over the water entrance to the Blackwall Basin. To get away from traffic, turn left into Coldharbour and follow the old road round past The Gun Public House until it comes out again on Preston's Road. Turn left on to Preston's Road, crossing over the lock giving access to the South Docks. Turn left down SW India Dock Entrance and follow the river until reaching the John Outram designed Pump House. **A** Come out through its gate and cross the road to a narrow opening into a housing estate to continue along the river

Follow the riverside path, past new housing, keeping the river on the left. Just beyond a lone tower block, the path turns inland round a slipway and beach in front of the London Yard housing development. Follow the path round this, keeping close to the river.

Continue along the riverside path, past Mill Wharf housing and a memorial gate at Dudgeons Wharf. Shortly afterwards an old warehouse, now converted to housing, blocks the way. The path turns right and left, in front of Cubitts Wharf, through its car park, and left again to continue along the river. There is an information board on this section, which is known as Saunders Ness.

The riverside path turns inland again round the Newcastle Drawdock, with a seat designed by Turner Award winner Grenville Davey, by the Watermans Public House and continues under an arcade on the opposite side, where it rejoins the river edge.

Island Gardens offers a classic view across the river to the World Heritage site of Greenwich. The Royal Naval College (now Thames University), frames Inigo Jones's Queen's House against the backdrop of Greenwich Park.

To reach Island Gardens DLR station leave the gardens by the gate in front of the foot tunnel entrance dome, turn left and the station is on the right.







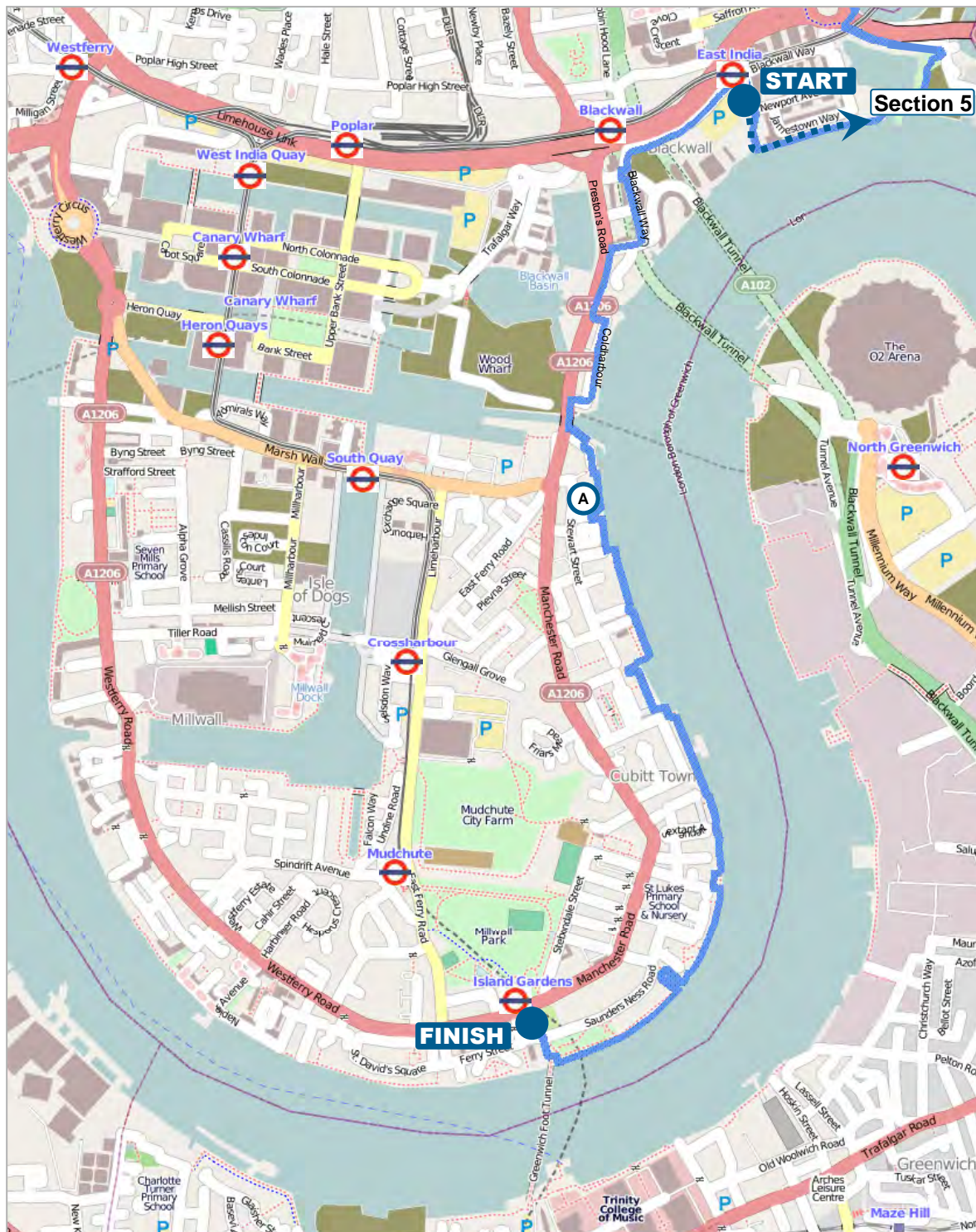
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Map Symbols

-  Lea Valley Walk
-  refer to route directions
-  rail
-  tube or DLR



approx 1/4 mile
150 m