

- 1** From the Green Chain major signpost in the middle of Oxleas Wood follow the wooden marker posts southwards through the woods turning left to emerge eventually at the junction of Welling Way and Rochester Way. Cross Rochester Way at the traffic lights and enter Shepherdleas Wood (part of Eltham Park North). Follow the marker posts as far as the Green Chain major signpost. Here the route divides. Turn right to go on to Mottingham via Eltham Park South and Eltham Palace or alternatively turn left to reach Mottingham via Avery Hill Park and New Eltham (section 7).
- 2** To follow the route via Eltham Palace, turn right and follow the marker posts through Shepherdleas Wood, turning left to emerge on the open ground of Eltham Park North. Turn left, follow the marker posts to and around long pond (6A) bearing left at the far end of the pond to skirt the edge of the large meadow before re-entering the woodland. Follow the path parallel to the railway and 'Relief Road' (6B) to reach the 'Green Link Bridge'.
- 3** Turn right over the bridge to cross the railway and new road. The footbridge emerges into Eltham Park South (6C). Follow the path along the eastern and southern boundaries of the park to emerge into Glenesk Road at the end of the avenue of trees.
- 4** Turn left and follow Glenesk Road (6D) to the end and cross over Bexley Road (A210). Go straight on down Butterfly lane, bearing right just before the sports club and right again at the Green Chain major signpost into Conduit Meadows, (or turn left and follow the marker posts to link to the alternative route via Avery Hill Park - section 7). Continuing along the main route, follow the path through the Meadow past Conduit Head to the church (6E) and Southend Crescent.
- 5** At Southend Crescent turn left, go over the mini roundabout, cross the road and turn right up Footscray Road. Turn left from Footscray Road into North Park (6F).
- 6** Follow North Park to the end, cross Court Road into Tilt Yard Approach opposite, (Passey Place, off the north side of North Park leads to Eltham High Street)(6G). Follow Tilt Yard Approach and then

turn left down Count Yard to the entrance of Eltham Palace (6H).

7 From Court Yard, turn right into King John's Walk and bear left where the four paths meet at the Green Chain major signpost (6I).

8 Follow King John's Walk between the fields to the sign at Middle Park public open space. Here the alternative route from Eltham Park North via Avery Hill Park (section 7) rejoins the main route (6J).

9 Continue along King John's Walk crossing Middle Park Avenue and along the path over the railway footbridge to the Sidcup Road (A20). Cross the road and follow the path to the Green Chain major signpost at Mottingham Lane. From here routes continue to Beckenham Place Park and Crystal Palace Park via either Grove Park (section 8) or Elmstead Woods with a branch to Chislehurst Common (section 9).