

1 At the Green Chain major signpost, turn left and follow Mottingham Lane to its junction with Grove Park Road. Turn right down Grove Park Road passing the entrance gates of Eltham College (9A).

2 Continue down Grove Park Road. At the bend turn left to enter Mottingham Sports Ground. Follow the drive to the pavilion and continue in a straight line across the grass. At the far end of the field turn left. After 30m turn right to enter Lower Marvels Wood. Follow the path, bearing right where the path forks, to emerge at Dunkery Road. Cross the road and follow the marker posts through the wood to Castleton Road. Cross straight over, go along Calcot Walk, turn left into Charminster Road and shortly right into Castlecombe Road. Turn right onto the first path to enter Marvels Wood. Follow the marker posts through the wood, turning right where the paths cross to enter Elmstead Woods (9B).

3 Follow the path as it bears left, keeping the railings of the cemetery to your right. At the Green Chain major signpost the branch from Chislehurst Common joins from the left (points 10 to 12). For the main route continue straight on. On reaching the metal railings alongside the railway cutting turn right to follow the hedged path to emerge at the major signpost and information board near the railway bridge. The route from Grove Park Hospital joins the main route at this point (see point 9 section 8).

4 For the main route cross over the railway footbridge and continue straight on down New Street Hill. Take the footpath (left) opposite Oak Tree Gardens (9C). With the golf course railings on your left, follow the path past the allotments (9D).

5 Continue along the path, turn right to take the path past the tennis club. Cross the footbridge over the railway and emerge onto Minster Road.

6 Cross Minster Road to the Green Chain major signpost and follow the footpath ahead (9F). On reaching Nichol Lane, cross over, turn sharp right and follow Foxbury Road as it bears left. Cross Croft Road and turn right along it. At Burnt Ash Lane (A2212) use the pedestrian island to reach Park Avenue opposite.

7 Follow Park Avenue for its full length to the Green Chain major signpost at the junction with London Lane and Bromley Hill.

8 Cross Bromley Hill (A21) to Oaklands Road using the pedestrian island. As the road bears left turn right into Coniston Road and left down the unmade road, Elstree Hill (9G).

9 At the bottom of Elstree Hill, cross over and turn right into Calmont Road. Turn left onto the footpath and follow it round the edge of Warren Avenue open space. Cross the footbridge over the Ravensbourne River and out into Ravensmead Road. Continue straight over and turn right along Ravensbourne Avenue and left into Crab Hill. Just past Ravensbourne Station turn right into Beckenham Place Park. Follow the tree lined path and on reaching the wood turn left. Turn right just before the building and follow the marker posts through the woods to the major signpost. Here you join the northern route from Grove Park (point 7, section 8).

10 To follow the route from Chislehurst to Elmstead Woods and beyond: Start at the Green Chain major signpost at Prickend Pond next to The Queens Head Pub (9H). Passing the pub to your right, follow the signs up the High Street and cross the road next to the church. Continue along the High Street turning left into a green alleyway. Go down the alley keeping the school playing fields to your right.

11 Shortly after the pavilion turn right into Whytes Woodland. Continue up the hill, keeping the school to your right, until you emerge onto the Recreation Ground (9I). Continue straight on then bear left to pass Green Chain major signpost. Follow the marker posts around the edge of the open space to join the tarmacked footpath.

12 Follow the footpath, passing the college on your left. Emerge into an unnamed cul-de-sac and follow it to the main road (Elmstead Lane). Turn left and then right to cross the road and enter Elmstead Woods. Continue straight on to follow the marker posts through the woods to the Green Chain major signpost. The route that joins from the right is from Mottingham (points 1 to 3). To continue south to Beckenham Place Park and beyond follow points 4 to 9.